**Student’s Worksheet 1**

**Look at the comments below. Were they made by people who enjoy extreme activities or by people who don’t enjoy them?**

|  |  |
| --- | --- |
| Smiling face with no fill | Confused face with no fill |
|  |  |

*I’m a naturally cautious person.*

*Feeling nervous is part of the attraction.*

*I like doing out-of-the-ordinary things.*

*Why on earth do people put themselves at such risk?*

*Heights make me feel uneasy.*

*She’s happy to have a go at something new.*

*Taking risks appeals to me.*

*I’ll give anything a try.*

*I can’t see the appeal at all.*

**Student’s Worksheet 2**

**Exercise 1**

**Look at the question below. What is the focus of the question? Which of the options suggest that Henry enjoys extreme activities?**

When describing the kind of person he is, Henry says he

**A** finds it very easy to make new friends.

**B** constantly takes unnecessary risks.

**C** often does adventurous things when he’s working.

**D** enjoys testing out his own abilities.

**Exercise 2**

**Now look at the paragraph which relates to the question in Part 1 above and decide which of the options is correct.**

I’ve always been the sort of person who does exciting, out-of-the-ordinary things. In my job as a builder, when I’m up high on roofs I’ll slide down ladders rather than climb down them, or jump into a pile of sand below. I know it’s not dangerous for me as I’m so skilled at it, although I wouldn’t recommend it to anyone who hasn’t tried it! So learning to fly a plane seemed to be just the kind of exciting activity I needed. I had great fun - and met some fantastic people who were similar to me, and who I still count as my friends.

**Why are the other options not correct?**

**Student’s Worksheet 3**

**This is the remainder of the multiple-choice Reading task you have started working on. Read the questions and choose the correct option according to the text.**

|  |
| --- |
| 1. How did Henry feel when he was learning to fly? |
| **A** He was prepared to try some difficult techniques. |
| **B** He found it more challenging than he’d expected. |
| **C** He worried about what his instructor sometimes asked him to do. |
| **D** He was surprised at what he achieved in a short time. |
|  |
| 1. What does Henry explain about wing-walking? |
| **A** It’s an activity that’s best suited to young people. |
| **B** Increasing numbers of people are taking it up. |
| **C** It’s almost impossible to do it well. |
| **D** People enjoy it as an exciting sport to watch. |
|  |
| 1. On his first wing-walking trip on a plane, Henry discovered that |
| **A** being blown around by strong wind was uncomfortable. |
| **B** familiar locations looked very different from high up. |
| **C** hearing the engine start up was a difficult moment. |
| **D** the speed of the plane was similar to that of a fast car. |
|  |
| 1. Henry says that since his first wing-walk, he |
| **A** has got used to doing flights in poor weather conditions. |
| **B** has become well known in his local area for his flights. |
| **C** has been invited to do a very long flight over the sea. |
| **D** has started encouraging others to do similar flights. |

|  |
| --- |
| I learnt how to control a plane very quickly, and found flying straight and level quite easy. My instructor was pleased with my progress – and then wondered if I’d like to take my flying a stage further and perform a few tricks in the air. I must admit I was a little nervous about it after he’d explained what was involved, but I agreed to have a go. I tried what’s called a loop-the-loop, when you fly the plane right up into the sky, then come down again in a complete circle. And it was great!  After that, there was no stopping me, and when one day at the flying club I saw a poster for something called wing-walking, I decided to have a go. Basically it meant standing outside on the wings of a plane as it flies, which sounds pretty impossible! In fact, though, lots more people are becoming interested – in seeing other people doing it, anyway! But I’ve also seen a few people much younger than me, such as teenagers, having a go at it.  So that’s how I found myself one weekend, strapped onto a frame on top of a small plane. As the engine started and we took off, I was too excited to wonder what on earth I was doing. Some people say it’s like sticking your head out of the window of a fast- moving car, but it’s a bit more than that, as your whole body is blown by the wind. But it was the most amazing experience, especially as from right up in the sky I could see the area where I lived – although I could hardly recognise it!  Since then, I’ve done all sorts of wing-walks, and I’m now seen as a bit of a celebrity around where I live, although that hasn’t persuaded anyone else to join me on a trip. I’ve also done a flight where we were trying to break a record, and that wasn’t so enjoyable as it was cold and wet on the day we’d planned it. But I was determined to do it, so off we went. And now I’m often contacted by people asking me if I’d like to try this or that route for my wing-walks. I only hope no one suggests wing-walking across the ocean, because I might just be tempted to give it a try! |

**Student’s Worksheet 4**

**The table below gives advice on completing multiple-choice Reading tasks. Match the two halves of each sentence.**

**Top tips for multiple-choice Reading tasks**

|  |  |
| --- | --- |
| 1. All four options in the question will have some connection to the text, | 1. then check the details. If you can’t find something to highlight, the option may be too general to be correct. |
| 1. Highlight or underline words in the text which are connected to each of the options | 1. instead look for the same ideas expressed in different ways. |
| 1. Look for key words, such as adverbs (i.e. *completely, always, never*), | 1. negative words may contradict positive comments/the action may be the same but the person who does it may be different. |
| 1. Always look at language in context. For example, | 1. which may rule out an option that looks correct on first reading. |
| 1. Avoid trying to match words from the option with words in the text, | 1. so read them carefully to be clear exactly what information you are looking for. |

**Now discuss with a partner which tip(s) you find most useful.**